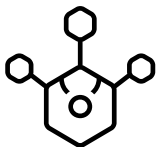


SISTERS COUNTRY RESOURCE GUIDE

**FIND THE RESOURCES YOU NEED
TO THRIVE IN SISTERS COUNTRY**



2023 EDITION

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General Resources

Emergency Services

Police/Fire/Medical: Dial 911

*Mental Health Crisis: Dial 911 OR
Emergency Stabilization Center:
(541) 322-7500 Ext 9*

Non-Emergency Services

*Deschutes County Sheriff:
(541) 693-6911 | 703 N Larch St*

*Sisters-Camp Sherman Fire District:
(541) 549-0771 | 301 S. Elm St*



General Resources

General Resource Hubs

Family Access Network (FAN): Referrals, vouchers, resources, services, info hub
(541) 549-0155

NeighborImpact: Resources, services, info hub
(541) 548-2380 | neighborimpact.org

Latino Community Association (LCA): Assists with immigration, language, health, work, and more for Latinos in Central Oregon
(541) 382-4366 | latinocommunityassociation.org

211 Info: Community information team, OHP assistance, housing & utility assistance, Find Childcare Oregon database
211info.org



Housing

Fair Housing Council

Housing hotline with live calls, housing discrimination guidance. English/Spanish services available:

information@fhco.org | fhco.org

Thrive Central Oregon

Housing & resource assistance and connection

(541) 728-1022 | thrivecentraloregon.org

NeighborImpact

Rental/deposit assistance, rapid rehousing, IDA savings program, weatherization planning

(541) 548-2380 |

neighborimpact.org/housing-help



Housing

Housing Works

Emergency housing assistance, HUD properties – Section 8 Housing vouchers.

Monday to Thursday, 8am to 5pm.

541-923-1018 | housing-works.org

Coordinated Entry

Housing assessments for those currently or at risk of homelessness. Provides connection to housing advocate.

Unhoused: Call Tu/Th 12-4 pm

(541) 630-2533

Housing Insecure: Fill out assessment online to be connected with advocate.

<https://tinyurl.com/2p8ne2xb>



Housing

Sisters Cold Weather Shelter
Shelter, advocacy, and resources.

Sistersshelter.org

Sisterscoldweathershelter@gmail.com

Habitat for Humanity

Affordable home ownership, classes, home repair assistance, IDA savings program.

(541) 549-1193 | sistersshabitat.org

Houseless Outreach & Peer Support

David Fox: Case Manager Houseless Outreach
(541) 213-5668 | david.fox@deschutes.org



Food Access

Individual & Family Support

*Sisters Fire District Emergency Voucher:
Grocery vouchers (\$10/individual or
\$20/family) Can only be used every 90 days.
(541) 549-0771*

*Kiwanis Food Bank: Open Thursdays 9 am-
2 pm. Some information collected to
determine eligibility.*

328 Main St | (541) 410-8688

*Wellhouse Food Pantry: Open Thursdays
4:30 - 5:30 pm. In-person shopping or drive
thru pick up. No eligibility requirements.
222 N Trinity Way | (541) 549-4184*



Food Access

*Family Kitchen Community Meal: Tuesdays
4-6 pm. No eligibility requirements.
1300 McKenzie Hwy | (541) 760-5677*

*Sisters Food Pantry: 4th Tuesday of each
month, 3:30-4:30pm. FREE fresh produce and
food items available, no ID or proof of income
required.*

*Sister's Elementary School, 611 E Cascade Ave.
Text "FRESH2SISTERS" to 541-577-1673 for
reminder texts.*

Food Access

School Aged Youth

Meal benefit program (free/reduced price school meals)

(541) 549-4057 | terri.rood@ssd6.org

Senior (60+) Meal Programs *

Senior Luncheon: In-person dining Tuesdays from 11 am-1 pm. Lunch meal pick up on Wed & Thurs from 12:30-1 pm.

**1300 McKenzie Hwy | (541) 797-9367
(Sisters) or (541) 678-5483**

*Meals on Wheels: Home delivered meal service
(541) 797-9367 (Sisters) | (541) 678-5483*

**Senior meal programs are provided by the
Council on Aging of Central Oregon.*



Food Access

Seasonal

*Sisters Farmer's Market: Sun 10 am–2 pm
Accepts SNAP/EBT and and Double Up Food
Bucks Oregon. Open June 4th–Sept 24th.
Fir St. Park | sistersfarmersmarket.com*

*Seed to Table: Produce shares. Offers a sliding
scale for shares. Accepts SNAP/EBT and Double
Up Food Bucks Oregon. Fresh produce available
at the Sisters Farmer's Market.
seedtotableoregon.org |
office@seedtotablesisters.org*

*Rainshadow Organics: Produce shares
(SNAP/EBT payments accepted) and accepts
Double Up Food Bucks Oregon, Farm Store.
rainshadoworganics.com |
info@rainshadoworganics.com*



Food Access

Seasonal

Mahonia Gardens: Produce shares (SNAP/EBT accepted for produce shares only) and Double Up Food Bucks Oregon.

Self-serve produce stand. Open May–Oct
mahoniagardens.com | 254 E. Adams Ave

Seasonal Community Meals

Thanksgiving Community Meal:

Sisters Community Church

(541) 549-1201

Christmas Community Meal:

Sisters–Camp Sherman Fire District

(541) 549-0771

Pet Support

Furry Friends: Food, supplies, medical referral.

Call or text to schedule pickup

412 E. Main Ave Ste 4 | (541) 797-4023

furryfriendsfoundation.org



Services

Utilities Support

NeighborImpact: Energy & water assistance, propane.

(541) 548-2380

City of Sisters: Low income utilities program

(541) 323-5209

Legal Services

Legal Aid: Free/low cost legal aid

(541) 385-6944

Latino Community Association: Legal assistance and referrals, immigration related.

(541) 382-4366

<https://latinocommunityassociation.org/resources/legal-resources/>



Services

Waste Removal

Sisters Recycle Center: Trash/recycling

328 W. Sisters Park Dr. | Daily 7-4:30p

Creekside Park: RV Dump Station

649 OR-126 Hwy | Seasonal Apr-Oct Only

Transportation

Cascades East Transit (CET): Transportation between Bend, Redmond, Sisters, and La Pine.

Weekly shopper shuttle-Sisters to Bend on Thursday.

cascadeseasttransit.com | (541) 385-8680

Sisters Transportation & Ride Share (STARS): Transportation for non-emergency medical appointments. Call on Tues/Thurs 10-3 to schedule. Spanish speakers available
(541) 904-5545 | starsride.org



Services

Health & Wellness

*Advantage Dental: OHP based dental clinic.
Affordable options for uninsured individuals
(541) 837-1714*

*Dept. of Health Services: Assistance applying
for SNAP/EBT/TANF/OHP. Domestic violence
assistance.*

(541) 388-6010 | oregon.gov/dhs

*Deschutes County Behavioral/Mental Health:
Services for OHP & uninsured clients.*

*Houseless community outreach & resources
(541) 322-7500*



Services

Health & Wellness

Suicide Prevention Lifeline

(800) 273-8255 | 988lifeline.org/talk-to-someone-now/

Saving Grace

Assistance for survivors of intimate partner violence and sexual assault.

24 hour helpline.

(541) 389-7021 | saving-grace.org



Services

Supplies/Resources

Chevron: Propane. Free potable water
(541) 549-5400 | 1001 W. Railway

Habitat Thrift Store/Restore: Camping supplies, clothes, household items.

Thrift Store: 211 E Cascade | (541) 549-1740
Restore: 254 W Adams | (541) 549-1621

Sisters Community Church: Free firewood
1300 McKenzie Hwy | (541) 549-1201

Sisters Library: Free wifi/computer use, respite, resources, copy & print services
110 N. Cedar | (541) 312-1070



Services

Supplies/Resources

Village Green Park: Bike repair station, public showers (uses tokens or quarters).

Corner of S. Elm & S. Washington

Village Laundromat: Coin operated washers and dryers. Open daily 7:30a-8:00p

241 N. Fir St.



Senior Services

Council on Aging of Central Oregon:

Information, guidance, referrals, programs, and services for seniors. Programs include:

- *Family/Caregiver Support Program*
- *Oregon Project Independence*
- *Caring Connections*
- *Senior Health Insurance Benefits Assistance*

(541) 678-5483 | councilonaging.org

Institute on Aging Friendship Line

24/7 toll free hotline for seniors. Crisis intervention line or warmline (non-emergency) for seniors experiencing isolation, loneliness, anxiety, etc.

(800) 971-0016

Elder Abuse and Neglect

Deschutes County Adult Abuse Investigation

(541) 322-7554 or (855) 503-7233



Youth Services

Health & Wellness

School Based Health Center: Health care provided on a sliding scale for ages birth-21

(541) 526-6623 | 535 N. Reed St.

Recreation

Sisters Park & Recreation: Classes and youth sports programs. Scholarships available.

(541) 549-2091 | sistersrecreation.com

Childcare/Headstart/Pre-K Programs

NeighborImpact: Early Headstart.

(541) 548-2380

Sisters Park & Recreation: Preschool, after school care, day camps. Accepts DHS payment

(541) 549-2091 | sistersrecreation.com

Wellspring School: Preschool/Pre-K care.

Accepts DHS payment. Preschool - 5th grade.

wellhouseacademy.com |

info@wellhousechurch.org



Youth Services

Mountain Montessori: Montessori based care.

(541) 549-0000 | mountainmontessorisisters.com

Preschool Promise:

(541) 693-5622 | ses.ssd6.org/classes/prek

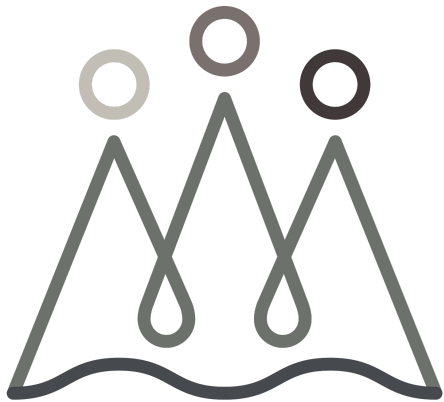
Recognition

This community resource guide was created in partnership with local advocates and Sisters Country Connects. Sisters Country Connects strives to provide the most accurate and reliable information possible.

Information in this guide was accurate at the time of printing but is subject to change.

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SISTERS COUNTRY COMMUNITY CONNECTS

Please see sisterscommunity.org/resources for additional resources or guide updates. This guide is also available to download or print as a .pdf (English or Spanish) on the Sisters Country Connects Resource page. If you have a resource to add to this guide please contact sisterscountryconnects@gmail.com