SISTERS COUNTRY RESOURCE GUIDE
FIND THE RESOURCES YOU NEED TO THRIVE IN SISTERS COUNTRY

Table of Contents

General Resources ........................................... 1
Housing ..................................................... 3
Food Access ............................................... 6
Services ..................................................... 10
Senior Services ............................................ 15
Youth Services ............................................. 16
Recognition ............................................... 17

2022 EDITION
**General Resources**

**Emergency Services**

*Police/Fire/Medical:* Dial 911

*Mental Health Crisis:* Dial 911 OR
Emergency Stabilization Center: (541) 322-7500 Ext 9

**Non-Emergency Services**

*Deschutes County Sheriff:* (541) 693-6911 | 702 N Larch St

*Sisters-Camp Sherman Fire District:* (541) 549-0771 | 301 S. Elm St

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**General Resources**

**General Resource Hubs**

*Family Access Network (FAN):* Referrals, vouchers, resources, services, info hub
(541) 549-0155

*NeighborImpact:* Resources, services, info hub
(541) 548-2380 | neighborimpact.org

*Latino Community Association (LCA):* Assists with immigration, language, health, work, and more for Latinos in Central Oregon
(541) 382-4366 | latinocommunityassociation.org

*211 Info:* Community information team, OHP assistance, housing & utility assistance,
Find Childcare Oregon database
211info.org
Housing
Fair Housing Council
Housing hotline with live calls, housing
discrimination guidance. English/Spanish
services available: (800) 424-3247
Ext 2 (advocacy) / Ext 5 (shelter)

Thrive Central Oregon
Housing & resource assistance and
connection
(541) 728-1022 | thrivecentraloregon.org

NeighborImpact
Rental/deposit assistance, rapid
rehousing, IDA savings program,
weatherization planning
(541) 548-2380

Housing
Housing Works
Emergency housing assistance, HUD
properties—Section 8 Housing vouchers.
Applications accepted 8 AM PST on
Monday, January 9th until 5 PM PST,
Friday, January 13th, 2023
housing-works.org

Coordinated Entry
Housing assessments for those currently or at
risk of houselessness. Provides connection to
housing advocate.

Unhoused: Call Tu/Th 12–4 pm
(541) 630-2533
Housing Insecure: Fill out assessment online
to be connected with advocate.
https://tinyurl.com/2p8ne2xb
Housing

Sisters Cold Weather Shelter
Shelter, advocacy, and resources
(541) 633-6114 | sistersshelter.org

Habitat for Humanity
Affordable home ownership, classes, home repair assistance, IDA savings program
(541) 549-1193 | sistershabitat.org

Houseless Outreach & Peer Support
David Fox: Case Manager Houseless Outreach
(541) 213-5668 | david.fox@deschutes.org
Jeromy Willden: Peer Support Specialist
(541) 213-6698 | jeromy.willden@deschutes.org

Food Access

Individual & Family Support
Sisters Fire District Emergency Voucher:
Grocery vouchers ($10/individual or $20/family) Can only be used every 90 days
(541) 549-0771

Kiwanis Food Bank: Open Thursdays 9 am–2 pm. Some information collected to determine eligibility.
328 Main St | (541) 410-8688

Wellhouse Food Pantry: Open Thursdays @ 4:30 p. In-person shopping or drive thru pick up. No eligibility requirements
222 N Trinity Way | (541) 549-4184

Family Kitchen Community Meal: Tuesdays 4–6 p. No eligibility requirements
1300 McKenzie Hwy | (541) 760-5677
Food Access

School Aged Youth
Meal benefit program (free/reduced price school meals): Contact FAN for referral and navigation of process
(541) 549-4057 | terri.rood@ssd6.org

Senior (60+) Meal Programs *
Senior Luncheon: In-person dining Tuesdays from 11 am-1 pm. Lunch meal pick up on Tues, Wed, Thurs from 12-12:30pm
1300 McKenzie Hwy | (541) 678-5483

Meals on Wheels: Home delivered meal service
(541) 678-5483

*Senior meal programs are provided by the Council on Aging of Central Oregon

Food Access

Seasonal
Sisters Farmer's Market: Sun 11 am-2 pm
Accepts SNAP/EBT. 2022 Market will match $20 for every $10 in SNAP/EBT purchases.
Redeem at the Info Booth each market day.
Open June 5th-Oct 2nd
Fir St. Park | sistersfarmersmarket.com

Seed to Table: Produce shares. Offers a sliding scale for shares. Accepts SNAP/EBT. Fresh produce available at the Sisters Farmer's Market.
seedtotableoregon.org | office@seedtotableoregon.org

Rainshadow Organics: Produce shares (SNAP/EBT payments accepted), Farm Store
rainshadoworganics.com | info@rainshadoworganics.com
Food Access

Seasonal
Mahonia Gardens: Produce shares (SNAP/EBT accepted for produce shares only)
Self-serve produce stand. Open May–Oct
mahoniagardens.com | 254 E. Adams Ave

Seasonal Community Meals
Thanksgiving Community Meal:
Sisters Community Church
(541) 549–1201

Christmas Community Meal:
Sisters–Camp Sherman Fire District
(541) 549–0771

Pet Support
Furry Friends: Food, supplies, medical referral.
Call or text to schedule pickup
412 E. Main Ave Ste 4 | (541) 797–4023
furryfriendsfoundation.org

Services

Utilities Support
NeighborImpact: Utilities assistance, propane
(541) 548–2380

Bend Broadband: Low income family internet program. Requires FAN referral
(541) 549–0155

City of Sisters: Low income utilities program
(541) 323–5209

Legal Services
Legal Aid: Free/low cost legal aid
(541) 385–6950

Latino Community Association: Legal aid services provided for Spanish speakers
(541) 549–0155 |
https://latinocommunityassociation.org/resources/legal-resources/
Services

Waste Removal
Sisters Recycle Center: Trash/recycling
328 Sisters Park Dr. | Daily 7–4:30p
Creekside Park: RV Dump Station
649 OR-126 Hwy | Seasonal Apr–Oct Only

Transportation
Cascades East Transit (CET): Transportation between Bend, Redmond, Sisters, and La Pine. Weekly shopper shuttle—Sisters to Bend
cascadeseasttransit.com

Sisters Transportation & Ride Share (STARS): Transportation for non-emergency medical appointments. Call on Tues/Thurs 10–3 to schedule. Spanish speakers available
(541) 904–5545 | starsride.org

Services

Health & Wellness
Advantage Dental: OHP based dental clinic. Affordable options for uninsured individuals
(541) 837–1714

Dept. of Health Services: Assistance applying for SNAP/EBT/TANF/OHP. Domestic violence assistance.
(541) 388–6010 | oregon.gov/dhs

Deschutes County Behavioral/Mental Health: Services for OHP & uninsured clients. Houseless community outreach & resources
(541) 322–7500

Suicide Prevention Lifeline
(800) 273–8255 | suicidepreventionlifeline.org
Supplies/Resources

Chevron: Propane. Free potable water
(541) 549–5400 | 1001 W. Railway

Habitat Thrift Store/Restore: Camping supplies, clothes, household items. Contact FAN for vouchers.
Thrift Store: 211 E Cascade | (541) 549–1740
Restore: 254 W Adams | (541) 549–1621

Sisters Community Church: Free firewood
1300 McKenzie Hwy | (541) 549–1201

Sisters Library: Free wifi/computer use, respite, resources, copy & print services
110 N. Cedar | (541) 312–1070

Village Green Park: Bike repair station, public showers (uses tokens or quarters). Contact FAN for tokens
Corner of S. Elm & S. Washington

Village Laundromat: Coin operated washers and dryers
241 N. Fir St. | Open daily 7:30a–8:00p
**Senior Services**

Council on Aging of Central Oregon:
Information, guidance, referrals, programs, and services for seniors. Programs include:
- Family/Caregiver Support Program
- Oregon Project Independence
- Caring Connections
- Senior Health Insurance Benefits Assistance

(541) 678-5483 | councilonaging.org

Institute on Aging Friendship Line
24/7 toll free hotline for seniors. Crisis intervention line or warmline (non-emergency) for seniors experiencing isolation, loneliness, anxiety, etc.

(800) 971-0016

Elder Abuse and Neglect
Central Oregon Adult Protective Services
(541) 693-2707

**Youth Services**

Health & Wellness
School Based Health Clinic: Health care provided on a sliding scale for ages birth–21
(541) 526-6623

Recreation
Sisters Park & Recreation: Classes and youth sports programs. Scholarships available.
(541) 549-2091 | sistersrecreation.com

Childcare/Headstart/Pre-K Programs
NeighborImpact: Headstart, Preschool Promise
(541) 548-2380

Sisters Park & Recreation: Preschool, after school care, day camps. Accepts DHS payment
(541) 549-2091 | sistersrecreation.com

Wellspring School: Preschool/Pre-K care. Accepts DHS payment
wellhousechurch.org/wellspring

Mountain Montessori: Montessori based care
mountainmontessorisisters.com
Recognition

This community resource guide was created in partnership with local advocates and Sisters Country Connects. Sisters Country Connects strives to provide the most accurate and reliable information possible. Information in this guide was accurate at the time of printing but is subject to change.

Thank you to the generous support of Citizens4Community (C4C) and Xpress Printing for helping to keep Sisters Country resources accessible to the community.

Please see sisterscommunity.org/resources for additional resources or guide updates. This guide is also available to download or print as a .pdf (English or Spanish) on the Sisters Country Connects Resource page. If you have a resource to add to this guide please contact sisterscountryconnects@gmail.com